

Course Feedback

“Excellent course, cleverly designed and expertly delivered. The course models what it teaches: modules are explored creatively in every aspect and participants are encouraged to offer the best they have. The wide variety of backgrounds, professions and expertise within the group adds richness to the learning experience... I am now able and ready to take on supervisees from a wider range of levels of expertise, professional backgrounds and ways of working”.

Vicky Eugenio,
UKCP Registered
Psychotherapist and
Supervisor

How to Apply

Applicants must be at least three years post qualification.

Closing date for applications: 8th June 2018.

To apply send a letter of intent, a current CV including your qualification dates, details of organisational memberships and work situation. In addition please provide email details of two referees, one of whom should be your current supervisor.

Enclose a passport sized photo and cheque for the application fee of £85 to:

A. Chesner,
London Centre for Psychodrama,
c/o 25 Luralda Wharf
London
E14 3BY

Please also send an email version of your application as a back up to chesnera@aol.com

Fees

£2500, payable in two instalments. The fee includes attendance at training weekends, tutorials, and two one to one supervision of supervision sessions with a member of the Core Staff team.

Training Venue

London Centre for Psychodrama, Cawley Centre, Maudsley Hospital, London SE5 8AZ



CREATIVE APPROACHES TO SUPERVISION

One year cross professional course 2018 – 2019

Course Description

The course is based on the principles published in the book: **Creative Supervision Across Modalities: Theory and Applications for Therapists, Counsellors and Helping Professionals.** A. Chesner and L. Zografou (eds), Jessica Kingsley Publications (2014).

The course is 130 hours, at Diploma level. Applications are welcome from psychotherapists, counsellors, arts and play therapists, coaches and others interested in the supervision of practitioners from various fields.

This established course has Recognised Supervision Training Status with the HIPC section of UKCP, and is recognised by BADTh, member organisation of HCPC. Successful completion of the Training may lead to inclusion on registers of supervisors (subject to all other relevant criteria being met).

Course Model

The course is based in psychodynamic and integrative principles, with a strong commitment to the creative process and the use of creative action methods in one to one, group and team supervision.

We welcome applications from practitioners from a variety of orientations and modalities.

Core Staff

Course Director Anna Chesner MA, UKCP reg Psychotherapist, HCPC reg Dramatherapist, specialist in Psychodrama & Group Analysis.

Céline Butté, MA, Sensorimotor Psychotherapy informed practitioner, RDMP.

Staff members are published authors in the field of supervision and related creative practice and are registered supervisors.

Enquiries

Email: chesnera@aol.com
Or Telephone: 020 7515 6342

Course Feedback

“This diploma course exceeded my expectations. I have come away with a solid theoretical foundation in supervision and a wide variety of creative action methods that I can apply as a supervisor, as necessary. We learned a lot through practising together. The group process was facilitated with skill, humour and rigour. I have gained insight into supervisory issues that might arise within a cross-section of therapeutic practices. I was challenged and supported with compassion and as a result my confidence as a supervisor has grown as has my joy in life as a human being.”

Dr. Sandra Reeve
RDMP
Movement
Psychotherapist

“...It was so refreshing to go on a course where were free of Powerpoint – everything was taught through action methods. I experienced an amazing energy and acceptance in this diverse group of practitioners. It has completely changed the way I approach supervision: I now have a playbox full of creative methods at my disposal – to be used carefully and lovingly.”

Bob Whorton,
Hospice Chaplain

“This training developed both my supervision and my clinical practice in ways that I could not have anticipated. Our cohort of varied professional identities and ways of working enabled an investigation that was as diverse as it was creative. The wealth, and depth of creative supervisory approaches we studied was intense and exhilarating in equal measure! The experience was exposing and empowering and I couldn't recommend it highly enough. It's a tough trip, and it challenges in many surprising ways...but it's a journey that reaps rewards”

Christine Rolph,
Art Psychotherapist

Modules

Module 1: Supervisory roles and relationships, contracting and ethics

Module 2: Practice issues, regular and crisis supervision

Module 3: Specialist perspectives

Module 4: Supervision of supervision, working with groups and teams.

Trainees commit to a minimum of 8 sessions of supervision on their supervision practice during the training period.

Two of these are included in the course fee. The remaining sessions can be undertaken with an appropriately qualified supervisor of the trainee's choice.

Each module includes action-based teaching of supervision theory; demonstration and practice of creative methodology and action methods; live peer supervision and reflections; specialist topic and book presentations.

Weekend Course Content

- Theories of supervision based in integrative, systemic and psychodynamic principles
- Creative and action based techniques as applied to individual and group supervision
- Live supervision skills practice
- Specialist presentations reflecting the areas of expertise of the group
- Book reviews reflecting the interests of the group and the core reading list of the course
- A final paper on applied learning from the course
- Assessment by self, peer and tutor

Dates and times

Training runs over the following weekends and times:

Friday 7pm–9.30pm,

Saturday 9.30am–6pm,

Sunday 9.30am to 5pm.

- September 28th – 30th 2018
- October 26th – 28th 2018
- November 23rd – 25th 2018
- January 25th – 27th 2019
- February 22nd – 24th 2019
- March 29th – 31st 2019
- May 3rd – 5th 2019